



# Remote Therapeutic Monitoring (RTM) = Revenue via Text Message



## What

Four new CPT codes established by CMS in 2022 (98975, 98977, 98980, and 98981) that pay clinicians for activities they are already doing like patient engagement and communication between visits.

## Why

Medicare cuts and rising staffing costs magnify the difficulty of running, growing, or selling a practice. Our customers are adding **\$60-\$150 per patient per month in reimbursement** and increasing patient satisfaction

## How

We suggest implementing a simple, purpose-built RTM platform like SaRA Health that will automate the RTM engagement requirements with no app download required for patients. The CPT codes 98975 (~\$20) and 98977 (~\$57), requiring little (<20 seconds) to no change in workflow. Detail below.

Clinician Onboards Patient

**Add New Patient**

To add a patient who is new to SaRA, enter their name, email and phone number below and we'll send them a text to get their account set up. \* = required fields.

\*First Name

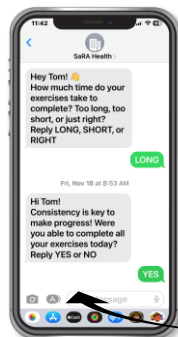
\*Last Name

\*Phone Number  \*Email Address

Does this patient already have a SaRA account? Link their account [here](#).

CANCEL SEND TEXT

SaRA sends daily text messages and patients text back



Clinician bills RTM with pre-made justification

**Submission Codes**

Copy and paste recommended documentation language into your EHR. All requirements to bill RTM are included within the text below.

**Onboarding (RTM Code 98975)**

Remote therapeutic monitoring (RTM) will aid in improving the compliance to the PT POC, provide updates to the therapist between sessions, and improve transparency of care. Patient was educated on how to use the SaRA Health Platform (SaRA) as an RTM platform on [date]. They demonstrated and articulated understanding and consented to RTM. SaRA will provide prompts to the patient to check in on adherence and progress. All data exchanged between the patient and SaRA is protected and viewable only by the necessary providers.

I verify that I have copied the text above into the patient's EHR.

**Patient Engagement (RTM Code 98977)**

Monitored relevant musculoskeletal data for [number of] days via SaRA.

I verify that I have copied the text above into the patient's EHR.

GO BACK COMPLETE SUBMISSION

- SaRA does the hard work of hitting 16 days of engagement
- [Outcomes Study](#) shows patients get more better faster at higher margin

Contact Steven ([steven@sarahealth.com](mailto:steven@sarahealth.com)) or visit <https://www.sarahealth.com> to learn more